

# ***Walking Through Holy Week Leader Guide***

When leading a book discussion group, use this format to help your meeting go smoothly and productively.

1. Open with prayer  
**5 minutes**
2. Choose a reading or section from the chapter. Read it aloud and answer the Food for Thought questions together. Discuss insights and questions  
**15 minutes**
3. Share relevant moments to each chapter's theme by posing the following or similar questions. Give people a few minutes to reflect or write down their answers to the questions and then discuss.  
**15 minutes**

## **Palm Sunday**

How do we react when our expectations are not met?

Where is God in our failures?

Where have you seen God work through failure, disappointment, or tragedy?

## **Holy Thursday**

How do you serve others – in your family, community, or church?

How has God used your service to reach others?

## **Good Friday**

The cross is a stumbling block. Does suffering and evil get in the way of your faith or relationship with God and Jesus?

Mother Theresa had suffering souls paired with each one of her nuns. It was important that they offer their suffering as part of the work Jesus had for her order. Why do you think that this suffering would make a difference?

## **Holy Saturday**

We spend today taking a look at the whole story, the “big picture.” Take a moment to look back on your life. What is the whole story of God's work in your life until now?

### **Easter Sunday**

Easter seems to be the end, but it is really a new beginning. Death has been overcome and the Resurrection means the start of a new life. Each of us will have times when we experience a new life or a resurrection in our faith. These give us glimpses into the eternal life in store for us. Share a resurrection moment you have experienced in your life or in your faith.

4. Ask the group to reflect on what happened to Jesus and what Jesus did in the chapter you are discussing, knowing it was done for each of us. What stands out from this day?

**10 minutes**

5. Closing Prayer – make a list of things and people to pray for related to the chapter’s topic. Include personal intentions for the group as well.

**10 minutes**

i.e. Palm Sunday – pray for government, leaders, the Church, increase in faith, forgiveness for all sin, etc.

### **Special Event: Good Friday Stations**

Rather than going through the Stations of the Cross chapter like the others, take this opportunity to go through the Stations of the Cross as a group. You could go to a church or some other location with the Stations on display, or go through them in your regular meeting place, answering and discussing the questions as you go through each one.